

Initiative  *Sociale*

"Jobs Challenge"

Key Action 1 - Youth Exchange

Costinești, ROMÂNIA

01 - 11 April 2022

(including travel days)



Co-funded by the
Erasmus+ Programme
of the European Union

The organizers:

“Initiative Sociale” Association is a **NGO** that has been created in July 2012 by the founders who wish to produce **changes in youth mentalities** and to motivate the young generation to cooperate for a **better society** and to motivate them in **taking initiative**.

"Initiative Sociale" mission is to promote and implement **non-formal** programs for the young people.

We would also like to concentrate on promoting **social economy** and **social entrepreneurship** by offering support and providing technical assistance to young people who want to start a business, especially the social business initiatives.

If you want to know more about our association please follow us on:

Facebook page:	www.facebook.com/InitiativeSocialeAssociation
Website:	www.initiative-sociale.ro

The partners:

- **Scambieuropei from Italy**
- **The Starry Start of Talents Foundation from Bulgaria**
- **Asociación Deses-3 from Spain**
- **Gaziantep Local Youth Group from Turkey**
- **Stowarzyszenie Młodzieżowe STRATEG from Poland**

The project:

The "**Jobs Challenge**" project is a multilateral youth exchange, carried out within the E+ Program, which will take place in the city of Costinesti from Constanta County, between **01-11 April 2022**.

The aim of the project is to teach 36 young people, aged between 18 - 30 years old and 6 group leaders (no age limit) to overcome their limits, to develop their skills, to have a different attitude towards the obstacles encountered during the process of becoming active on the labor market (to know how to prepare a CV and a cover letter, to know how to apply for a job or how to attend an interview, etc.)

The specific objectives that will lead to the achievement of the purpose of the "**Jobs Challenge**" project are the following:

SO1. Raising awareness of the importance of the labor market and the role of young people in shaping the future European society during YE.

SO2. Encourage and motivate the 42 participants to exchange ideas, thoughts and strategies that aim to make them productive members of the communities they belong to. Competences will be acquired / developed through non-formal education and through the activities proposed within the project.

SO3. The 42 participants will learn how to draw up a Europass CV structured on their competencies and skills, they will learn to write a cover letter that can be adapted for different jobs.

SO4. During the implementation of the project, the 42 participants will be explained the stages of completing / attending an interview and the steps they must follow to be successfully integrated on the labor market. They will improve their communication skills during the interview.

The project objectives are aligned with the E + objectives:

-Creating the necessary framework to support young people in the process of personal growth and development of skills for increasing the chances of employment on the labor market.

-Work discussions will be organized and coordinated about the process of choosing a career, through personality tests and personal experiences, thus helping young people to choose a better job that suits them.

- Through this project we try to respond to the priority: supporting the employment capacity of young people with fewer opportunities.

The suggested non-formal education methods are meant to support the promotion of active citizenship among young people, to develop a participatory attitude, to support reflection, tolerance and also the integration of intercultural differences. The proposed non-formal methods are different; these include verbal and non-verbal communication, visual communication, written communication. The young people participating in this exchange will also receive, at the end of the mobility, the Youthpass certificate, which validates the competencies acquired by participating in the project activities.

** The Youth Exchange is a project where young people work and live together in an international group for a specific time. It consists of preparation, implementation, and follow-up activities. For the duration of the Youth Exchange, young people undertake a joint programme of activities with specific aims and objectives.*

Youth Exchanges foster the mobility of young people in Europe. They encourage initiative and creativity in young people, facilitate their active participation in the project, and thereby provide an intercultural learning experience.

This youth project takes place outside the school and university environment. The learning experiences made by young people through this exchange are recognized by the Youthpass (www.youthpass.eu).

The group:

- 6 participants + 1 team leader from Italy
- 6 participants + 1 team leader from Bulgaria
- 6 participants + 1 team leader from Poland
- 6 participants + 1 team leader from Turkey
- 6 participants + 1 team leader from Spain
- 6 participants + 1 team leader from Romania
- Gender balance is required (if possible)
- All participants must be citizens or residents of the sending organization country
- Working language for the project is English

Participants' Profile:

- aged between 18 and 30 years old;
- motivated to learn how to write a CV, cover letter, how to present themselves to an interview through non-formal education methods;
- eager to learn and develop competencies, knowledge and skills for a better integration on the labor market;
- eager to develop social and intercultural competences in the current European context;
- motivated to develop participatory, tolerant and non-discriminatory attitudes through intercultural dialogue;
- NGOs involved in this project support the social integration of young people with fewer opportunities, so each partner should include in their national group at least 2 young people who are facing fewer opportunities (social/ economic /educational).

Team Leaders' Profile:

- at least 18 years old
- team-working skills,
- good coordinator and motivator for the national team,

- to be a link between his/her national group and the organizing team,
- good knowledge of English; if necessary (s)he will act as a translator between his/her national group and the other participants,
- to know and apply non-formal education methods,
- motivated to apply and develop both non-formal methods and techniques in the community of origin and the entrepreneurial competencies developed in this YE.

All participants are expected to participate fully in all activities.

Transport:

VERY IMPORTANT: Participants should not buy the plane tickets before **getting the approval from the hosting organisation** in order to make sure that the travel can be done without restrictions for the period of the mobility.

Tickets can be only bought after we confirm the flight itineraries.

If you will travel by plane, you have to arrive at Bucharest Henri Coanda Airport (OTP).

At the Henri Coanda Airport (OTP) you can take the train to “Gara de Nord” - North Rail Station (Bucuresti Nord) in Bucharest. The trip takes 20-25 min. A ticket is 4 lei (one way). We recommend buying the ticket online.

You can buy the ticket online here: <https://bilete.cfrcalatori.ro/en-GB/Itineraries> (from Aeroport Henri Conada to Bucuresti Nord).

As a piece of advice, don't change too much money inside the airport (5-10 euro is more than enough to get your whole group to the city!) and don't take any taxis, especially if the taxi driver approaches you in the Arrivals Hall!

We will arrange a private bus for the whole group to pick you up from Bucharest and take you to Costinesti.

More information about the meeting point, meeting hours and how to reach Costinesti by bus will be posted on our project facebook group. Please, keep in mind that you have to travel 3h – 4h from Bucharest to Costinesti by bus.

*The **arrival** day at Costinesti must be **1st of April 2022 after 8:00 PM.***

*The **departure** back to Bucharest will be on **11 of April 2022** in the morning, so make sure you have flights that leave around 3:00 PM at the earliest or if possible the next day.*

You can stay 1-2 days before/after the mobility in order to visit Bucharest, our Capital city, but you have to pay by yourself for those extra days.

Reimbursement procedure:

The amounts of money for travel (from the origin place to the venue and back), per person, per country are as following:

Country	Travel Distance	Amount (max) / participant
Bulgaria	100 – 499 Km	180 €
Italy	500 – 1999 Km	275 €
Poland	500 – 1999 Km	275 €
Turkey	500 – 1999 Km	275 €
Spain	2000 – 2999 Km	360 €

*The amount above represents the maximum amount that may be reimbursed for one participant depending on the sending country and based on the actual cost of the travel.

**We do not cover taxi or private car transport costs.

1. For the reimbursement, the participants must keep all the tickets, boarding passes and other travel documents and submit them to the group leader.

We will reimburse your travel expenses, only if you bring/send us all your travel documents:

- invoices,
- e-tickets,
- proof of payment (if you pay in cash you have to bring us the receipt, but if you pay online you have to bring us the bank statement),
- boarding passes!

Reimbursement will be done after we will receive all required documents (in original) for each participant (for round trip).

We strongly encourage you to buy flights for which you can do online check-in, because in this way you will be able to give us the return boarding passes as well, without having to send them to us by post when you return home! Of course, if it is not possible, you still need to send us the boarding passes by post after the project.

2. Each group should upload all travel and financial documents (receipts, invoices and scanned forms of the tickets) in Google Drive folder that the coordinating organization will provide.

3. The sending organization will collaborate with the leaders to fill out the reimbursement request.

4. The coordinating organization will make all the payments via bank transfer in the bank accounts of the sending organization, according to the rules of Erasmus+. The travel expenses will be reimbursed to participants by the sending organizations.

* No Visa is required for EU citizens, participants will need to have only a valid ID card (for some countries only) or international passport.

The Turkish group must check before buying the travel tickets if they need a VISA for Romania or not. ***For the Turkish group, we can reimburse the visa costs in the limit of 60 EUR/participant (if necessary).***

* Please, check the VALIDITY of the passports before the departure – Passports must be valid at least for 6 (six) months.

The travel costs will be reimbursed in the partner organisation account after the mobility and dissemination (local actions) made by participants, based on the proof documents provided by the participants.

** Also, we want to inform you that we are going to make 1 (one) bank transfer for each country (for all participants).*

P.S. During the mobility, every country group will plan the implementation of the dissemination/multiplier event (in schools, universities, youth clubs, NGO etc) in their country. They will have to provide proof of the dissemination (article, photos, links, print-screens etc.)

The venue:



The venue of our project is [Costinesti](#), a small town in [Constanta](#) county, 240 km away from [Bucharest](#). We will be accommodated at the [Regal Hotel](#).

- Participants will stay in double/ triple rooms (double/ matrimonial beds);
 - The rooms have their own bathrooms;
 - There is a signal for mobile and wi-fi internet connection throughout the activity room;
 - No laundry service in the hotel
 - All meals (breakfast, lunch, dinner) are covered through the project and in some days we will have lunch packs.
- * Please, keep in mind that during this youth exchange you will usually eat [Romanian traditional food](#). For sure, it will be a nice opportunity for you to taste our traditional cuisine; this is part of the project's interculturality.

Covid-19 Safety Rules:

- the hosting organisation (Social Initiatives Association) will follow, during the youth exchange the Health Protocol regarding the security and protection of all the participants and staff. The protection and security measures will be in accordance with the legislation in force in Romania at the time of the face-to-face activity, always considering the indications of the Romanian Ministry of Health, for accommodation and travel (international and national).
- as a European travel rule, any participant who presents Covid-19 symptoms prior to the trip to Romania is strictly forbidden. **Each partner/ participant has the responsibility to check before the departure the rules and restrictions imposed for their country by the Romanian Ministry of Health. The situation is fluid**, so please make sure to be up-to-date with the latest information about travelling rules. Check your country specific conditions for travelling to Romania here:

ReOpen Europe: <https://reopen.europa.eu/en/map/ROU/7001>

Romania is currently (February 2022 - GOVERNMENT DECISION no. 6 from 31.01.2022) applying the following travel conditions for arriving in Romania:

“Travellers can enter Romania without further restrictions if their 'EU Digital COVID Certificate' (EUDCC) contains one of the following:

- Proof of full vaccination. Valid after the booster dose was administered, if no more than 9 months have passed since the last dose was administered, and for 180 additional days for people who received two vaccine doses and recovered from COVID-19.
- Proof of recovery from COVID-19. Validity: 6 months
- Negative result to a molecular (PCR) test. Validity: 72 hours”

- COVID-19 vaccination is **STRONGLY RECOMMENDED** for selected participants, as it guarantees an easy travel process and PREDICTABILITY in law above. Additionally, it provides comfort and security to other participants from the group, while enjoying the project. The final vaccination for COVID-19 must be received at least 10 days before arrival in Romania, but no more than 9 months before arrival in Romania.

- If you did the COVID-19 vaccine, make sure you **download on your phone** and also **have with you in physical format the EU Digital COVID certificate**. This is the EU-level proof that you are vaccinated, and is available in all EU countries. For Turkey, please have with you the national vaccination certificate, if you cannot generate the **EU Digital COVID certificate**.

- **All travellers must fill in a Passenger Locator Form**, at the latest 24 hours before entering Romania. (<https://plf.gov.ro/login>).

The address where we will be accommodated during the mobility is the following: HOTEL REGAL inside the BTT Costinesti, ZIP code 907090, Costinesti, Constanta county, Romania.

- during international & national travel, it is important to respect the security measures imposed by airlines, airports and various transportation companies, with regard to safety distance and the use of a protective mask.

- all participants selected to attend the international mobility **acknowledge and agree to have a valid health insurance for the whole duration of the youth exchange**, but that cost cannot be covered by the hosting organization.

- during the mobility, please proceed according to the accommodation and host organization safety standards, which are imposed by WHO, European Commission, and the Romanian Ministry of Health. It is mandatory to use a medical mask (not a textile one), which will be provided once a day by the host organization! Temperature measurements will be taken of all project participants, twice a day, to guarantee the safety of the group.

- during your travel, you should have with you masks and disinfectant.

!!! In order to make the travel easier and safer we recommend that all participants must seriously take in consideration all the Covid 19 Safety rules from the country of origin and Romania. Especially the airport/ international travel rules!!!

Preparing for the project:

- **Research about youth unemployment in your country**

Each national group involved in this youth exchange will prepare and organize a country case presentation about youth unemployment in their coming country.

It would be wise to look into the matter before coming to Romania and during the working sessions explain and give us practical examples about youth unemployment situation from your countries.

Also, you have to think and be prepared because during working sessions, you have to organize some activities but we will give you more details later on. Moreover, you have to think and to be prepared with some energizers, various activities through non-formal education, cultural evenings and so on.

- **All your travel documents and financial statements** (e-ticket, invoice, proof of payment, boarding passes).
- **Some gastronomic specialties (food and/or drinks) for the Cultural Evenings!**
We will have traditional evenings during the project.
You can bring typical costumes, ornaments, leaflets, posters, flyers, food, sweets, alcoholic and non-alcoholic drinks... and so on!
Also, you can show videos, photos, sing music and dance traditional dances from your countries! We are counting on you to make these evenings as interesting as possible and promise to help you in any way that we can!!!

Here are a few examples from our past projects to trigger your imagination:



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- **Clothes**

The weather in April can be unpredictable in this region. Due to the location, prepare yourself for temperatures between 11° and 14° Celsius during the day and 6° C or lower during nights.

We encourage the participants to take some warm clothes with them.

- It is very important to **bring your necessary medication**, if needed.
- Bring your own towels. **Do not forget** to take your personal hygienic products.
- We encourage you to bring your **photo camera** (if possible, you will need it for some activities), **laptop** (if possible, you will need it also for some activities).
- Your **ID card/ passport**, your **EU Digital COVID certificate** and also, your **student card** or something to prove that you are still a student. Maybe you can obtain a discount for your bus/train tickets.
- **Most importantly, don't forget to come with very good spirits, joy and happiness!!!**

The currency is the Romanian Leu (RON): 1 Euro = 4.95 RON

We are looking forward to seeing you in Romania!

Regards from [Initiative Sociale Association!](#)
(www.initiative-sociale.ro)

* For more general details about Romania you have to click [here](#).

* If you have any questions, please contact us on the following e-mail: initiative.sociale@gmail.com or **contact your sending organisation.**

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